



		1	2	3	4	5
		<p>BREAKFAST: Fruit Whole Grain Raisin Bread Milk</p>	<p>BREAKFAST: Seasonal Fruit Waffles w/Syrup Milk</p>	<p>BREAKFAST: Fruit WW Pancakes w/Syrup Milk</p>	<p>BREAKFAST: Fruit Breakfast Burrito Milk</p>	
		<p>LUNCH: Cilantro Beef Brown Rice Black Bean Mix Vegetables Fruits Milk</p>	<p>LUNCH: Chicken Fajitas Flour Tortilla w/ sour crm & cheese Corn Fruits Milk</p>	<p>LUNCH: Meatsauce w/ Spaghetti Garlic Roll Tossed Salad Fruits Milk</p>	<p>LUNCH: Chicken Nuggets Ketchup Brown Rice Green Peas Fruit Milk</p>	
		<p>SNACK: Tortilla Shredded Cheese</p>	<p>SNACK: Fruits Animal Crackers</p>	<p>SNACK: Granola Bar Milk</p>	<p>SNACK: Fruits Assorted Crackers</p>	
6	7	8	9	10	11	12
	<p>BREAKFAST: Fruits Multi Grain Cheerios Cereal Milk</p>	<p>BREAKFAST: Fruits Blueberry Muffin Milk</p>	<p>BREAKFAST: Fruits Cheese Toast Milk</p>	<p>BREAKFAST: Grape Juice Englh Muffin <i>crm cheese/Jelly</i> Fruit Milk</p>	<p>BREAKFAST: Fruits Whole Grain Toast Boiled Eggs Milk</p>	
	<p>LUNCH: Roasted Pork Whole Grain Roll Sweet Potatoes Fries Mixed Vegetables Mashed Potatoes Fruits Milk</p>	<p>LUNCH: Chicken Strip Brown Rice Corn Salad w/dressing Fruits Milk</p>	<p>LUNCH: Ground Beef Whole Grain Bread Congri Green Peas Fruits Milk</p>	<p>LUNCH: Baked Chicken Brown Rice Broccoli Fruits Milk</p>	<p>LUNCH: Hamburger w/ Cheese Whole Wheat Bun Tossed Salad Mustard, Mayo, Ketchup Carrots & Green Beans Fruits Milk</p>	
	<p>SNACK: Fruits Yogurt</p>	<p>SNACK: Cookies Milk</p>	<p>SNACK: Apple Juice Goldfish Crackers</p>	<p>SNACK: Fruits Animal Crackers</p>	<p>SNACK: Assorted Crackers Milk</p>	

13	14 BREAKFAST: Juice Fruits Wheat Chex Cereal Milk	15 BREAKFAST: Fruits Whole Grain Bagel Cream Cheese Milk	16 BREAKFAST: Fruits Banana Bread Milk	17 BREAKFAST: Fruits Waffles w/ Syrup Milk	18 BREAKFAST: Fruits Egg and Cheese on Whole Grain Sandwich Milk	19
	LUNCH: Roasted Turkey Whole Wheat Bread Mashed Potatoes Peas & Carrots Fruit Milk	LUNCH: Sloppy Joe on Bread Roll Roasted Corn Salad w/dressing Fruits Milk	LUNCH: Beef Ravioli Marinara Sauce Steamed Spinach WG Garlic Bread Fruits Milk	LUNCH: Cuban Stew Moros Carrots Black Beans Mix vegetables Fruits Milk	LUNCH: Pizza Tossed Salad (Lettuce & Tomato) Ranch Fruits Milk	
	SNACK: Fruits Assorted Crackers	SNACK: Fruits Yogurt	SNACK: Teddy Crackers Milk	SNACK: Tortilla w/Cheese Milk	SNACK: Apple Juice Banana Bread	
20	21 BREAKFAST: Fruits Multigrain Cheerios Cereal Milk	22 BREAKFAST: Fruits Cinnamon Raisin Bagel Cream Cheese Milk	23 BREAKFAST: Fruits Whole Wheat Cheese Toast Milk	24 BREAKFAST: Fruits French Toast w/syrup Milk	25 BREAKFAST: Apple Juice Fruits Scrambled Eggs Toast Margarine & Jelly Milk	26
  	LUNCH: Chicken Enchilada Whole Wheat Bread Brown Rice Green Peas Corn Fruit Milk	LUNCH: Beefaroni Pasta Garlic Bread Steamed Spinach Mixed Salad Fruit Milk	LUNCH: Ground Beef Congri WG Bread Sliced Tomatoes Milk Fruit	LUNCH: Chicken Nuggets Whole Grain Roll Mashed Potatoes Mixed Vegetables Milk Fruit	LUNCH: Baked Chicken WG Bread Yellow Rice w/peas Salad w/ Lowfat French Dressing Milk Fruit	
	SNACK: Apple Juice Banana Bread	SNACK: Cheese Toast Milk	SNACK: Oatmeal Cookies Milk	SNACK: Fruits Assorted Crackers	SNACK: Orange Juice Pretzels	
27	28 BREAKFAST: Orange Juice Multi Grain Cheerios Cereal Fruit Milk	29 BREAKFAST: Seasonal Fruit Sausage Biscuit Milk	30 BREAKFAST: Fruit Whole Wheat Toast Margarine & Jelly Milk			

LUNCH:

Macaroni & Cheese
WG Garlic Bread
Black Eyed Peas
Broccoli
Milk
Fruit

LUNCH:

Chicken Nuggets
Brown Rice
Corn & Green Beans
Milk
Fruit

LUNCH:

Salisbury Steak
Gravy
Mashed potatoes
Peas and Carrots
Fruit
Milk

SNACK:

Bread Sticks
Cheese Dip

SNACK:

Apple Juice
Assorted Crackers

SNACK:

Fruits
Milk

Courtesy of



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Catering Service